

Author says writing serves as a form of therapy for her

Surrounded by the solitude of a secluded hiking trail in the wilderness of the Rocky Mountains, Angela Burke does a lot of daydreaming.

Her mind fills with detailed visions of people, places and circumstances that she carries each evening to her bed, where she transcribes her thoughts into fiction with a computer on her lap and music playing softly in the background.

It's a writing routine Burke has followed for several years and it has led to a pair of published novels and a Christmas novelette.

Burke grew up in Brady, graduating from high school in 1993.

She earned her bachelor's degree in special education and elementary education from the University of Nebraska at Kearney in 1998 and added a master's degree in gifted education from UNK via distance learning in 1998.

She taught for 13 years before deciding to take another path, working now on her associate of occupational studies at Boulder College of Massage Therapy.

"I love holistic healing and Eastern philosophies," she said in an e-mail interview from her home in Boulder, CO. "I am enjoying this new adventure. It's a good fit for me."

Daydreaming leads to novels

Written by Deb Egenberger Friday, 16 November 2012 14:26 -



MORE ABOUT THE AUTHOR
To learn more about Angela Burko, visit her website at www. angelaburkebooks.com 'Lucidity' is available in pa-perback at Amazon.com. It is also available in e-book format at