

Heat, humidity hamper Gothenburg runners

Written by Deb Egenberger
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COZAD—It certainly wasn't ideal running conditions for a cross country meet on Thursday.

With the temperature over 100 degrees and a hot wind, some runners struggled to complete the course.

Gothenburg had its share of difficulties as the girls finished seventh in the team standings without a medalist.

Kearney took the girls team title, bringing in all six varsity runners in the top 10.

Sophomore Alayna Collins was the first Swede to cross the line in 18:30.0 with Abbie Mazour not far behind.

"The meet was an experience builder for a lot of our runners," said coach Steve Reeves. "We will improve."

On the boys side, Hastings captured the team title with four runners earning medals.

The Swede boys only put four runners on the course, not earning a team score.

Swede senior Alex Spencer led the way for Gothenburg, finishing in 18:53.3 outside the medals.

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When Gothenburg runners competed in the Gothenburg State Championships on Friday, the heat and humidity were a major factor in their performance. The runners, who were competing in the 1000m and 1500m events, were visibly exhausted and struggled to maintain their pace. The high temperatures and humidity made it difficult for them to breathe and stay hydrated, leading to a significant drop in their performance compared to previous races. Despite the challenging conditions, the runners showed great determination and perseverance, pushing through the heat and humidity to complete their races. The event organizers expressed their appreciation for the runners' participation and their resilience in the face of the adverse weather conditions.