

## Wrestlers dominate at home

Written by Deb Egenberger  
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### **Six Swedes crowned champions.**

Winning their own invite has been a collective goal of Gothenburg wrestlers for quite some time.

Swede coach Eric Manstedt said the team title has gone to an opponent every year and this year's grapplers set their minds to keeping the hardware at home.

They did just that Friday night finishing 5-0 in the dual format meet to take the team trophy and six individual gold medals.

"For the first time, we were the team to beat," Manstedt said. "We came out and we wrestled well. We pretty much dominated in every round. Broken Bow came after us and Holdrege came after us and we battled hard to win."

The coach said the Swedes have been focused on improving themselves from a neutral position and the work paid off.

"We wrestled well on our feet," he said. "Sometimes that's what it takes to be successful."

Mitch Spiegel, Tanner Schwanz, Bryce Eggleston, Kyle Demoret, Tre Ostergard and Cameron Frazho all went undefeated on the night to earn top honors in their respective weight classes.

Spiegel and Schwanz have become accustomed to winning, Manstedt said, as they've been

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doing it all season.

The others have been working toward this goal.

“Bryce went 5-0 and wrestled four solid matches. He looked tough throughout,” Manstedt said, noting Eggleston’s one win by forfeit.

Demoret, Ostergard and Frazho bolstered their swagger as well.



“These kids needed these wins right now,” the coach said.

A solid week of practice last week that translated into exceptional wrestling, Manstedt said, and not just for the six champions.

The Swedes also had three wrestlers finish second and one get third.

“The kids have a new air of confidence about them,” he said. “They all did a really good job, had a solid meet all around and that’s

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