Health on the menu at GMH fair

Written by Elizabeth Barrett Thursday, 25 April 2013 13:33 -



INTO THE WIND: Sixty-eight people bundled up to participate in the first Gothenburg 5K (3.1 mile) Fun Run/Walk that began at the wellness center Saturday morning.

A brisk breeze blew as runners and walkers proceeded in an easterly direction past the city cemetery and back. GMH Sports and Medical Rehab sponsored the run as part of the hospital's annual health fair that was 9 a.m.-1 p.m. in the wellness center. Entry fees will be used toward the purchase of new equipment at the wellness center.



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